

TOILETRIES PACKING LIST

PERSONAL HYGIENE

- Travel toothbrush
- Toothpaste (or toothpaste chew tablets)
- Floss
- Scrunchies (or hair ties)
- Hairbrush (or comb)
- Body wipes
- Face wipes
- SPF face moisturizer
- Sunscreen
- Chapstick (with SPF)
- Deodorant
- Dr. Bronner's biodegradable soap
- Leukotape
- Nail clippers
- Toiletry bag
- Reusable travel containers

BATHROOM

- Pee rag
- Trowel
- Portawipes (or toilet paper or portable bidet)
- Hand sanitizer
- Sealed bag or doggy bag for waste

OPTIONAL FOR FEMALES

- pH wipes
- Menstrual cup (or tampons)
- Female urination device
- Dry shampoo (for long trips)

**HAVE FUN, STAY SAFE, & FOLLOW THE
LEAVE NO TRACE GUIDELINES!**